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Winnipeg's own Del Barber performs at a provincial announcement Wednesday declaring 2014 as the Year of Music in Manitoba. SHANE GIBSON/METRO

2014 declared 'Year of Music' in Manitoba

Culture. Changes to province's liquor laws may make it easier for smaller venues to host live events



SHANE GIBSON
shane.gibson@metronews.ca

With three major music award ceremonies — including the Junos — coming to Winnipeg next year, Manitoba Premier Greg Selinger officially declared 2014 the Year of Music in Manitoba Wednesday.

And with changes to the province's liquor laws expected to make it easier for small venues to host live events taking effect Jan. 1, the declaration is more than just symbolic.

"Manitobans have always been very supportive of culture; this will create more opportunities for them to go out and see their local talent," said Selinger, explaining the new laws mean licensed venues like bars and restaurants will no longer need seating for 200 people in order to have live musicians play. "It's a real incentive for venues to host live music ... and it creates opportunities for new groups forming in Manitoba to develop their cultural abilities and their talents in front of an audience."

The new legislation will also scratch an old rule from the books that has kept DJs who mix their own music from being considered live entertainment.

"It's a big deal ... because the reality is, in music these days, there's electronic music

Music makes money

A recent economic impact study commissioned by Manitoba Music shows the province's music industry generated a total GDP impact of \$71.3 million, supporting the equivalent of 4,363 jobs.

and DJs who didn't count as live music before this," explained Sara Stasiuk, executive director of Manitoba Music. "These are pretty massive steps towards fixing some of the big things that venues were saying they needed."

In addition to the Juno Awards, Winnipeg will host the Aboriginal Peoples Choice Music Awards and the Western Canadian Music Awards next year.

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Coun. Wyatt accuses Gerbasi, Havixbeck of 'grandstanding'

'Put your money where your mouth is.' Coun. tells colleagues to ask for resignation of CAO amid police HQ concerns



BERNICE PONTANILLA
bernice.pontanilla@metronews.ca

The war of words over a councillor's "corruption" comment — made when the preliminary 2014 budget was tabled — got nastier on Wednesday, with Coun. Russ Wyatt issuing a challenge to bring the matter to a vote.

Wyatt called on councillors Paula Havixbeck and Jenny Gerbasi during Wednesday's city council meeting to bring a motion forward on acting chief administrative officer Deepak

Chewed out

"It's not a joke Coun. Havixbeck, I'm speaking directly to you, then move a motion on the floor now." Coun. Russ Wyatt

Joshi.

The challenge came after Havixbeck spoke in favour of her motion for the release of the minutes of the Winnipeg Police headquarters project steering committee's meetings, and Gerbasi spoke in favour of an audit.

"The motion before us is simply grandstanding on a huge scale," said Wyatt, who moments before was cautioned by speaker Devi Sharma for alleging Gerbasi was on a campaign against Mayor Sam Katz.

"If Coun. Havixbeck has lost confidence with our senior administration, which she is implying with this motion, put a motion forward to demand the resignation of the CAO.... If that is the intent, then put your money where your mouth is."

Increasingly angry, Wyatt went on to say that he hasn't made a speech like this in some time, "But I've had it with regards to this. This is ridiculous. I've never seen anything like this and if you want to demand and throw into doubt your confidence in the CAO, it's not a joke Coun. Havixbeck, I'm speaking directly to you, then move a motion on the floor now."



Coun. Jenny Gerbasi reacts to Coun. Russ Wyatt's allegations that she's calling for an audit in an attempt to further her political career by discrediting the mayor. BERNICE PONTANILLA/METRO

Havixbeck responded by asking, "Who's grandstanding?"

Council voted 11-5 to ac-

cept Havixbeck's motion as information, which effectively quashed it.

After the meeting, Katz said

comments against the city's public service are unfair because they can't defend themselves like politicians can.

Ethics commissioner to have an office, but no teeth

While council voted to create an ethics commissioner position on Wednesday, councillors are still concerned about the lack of action from the province to give the commissioner what they call "real powers."

Coun. Jenny Gerbasi said the city has hired outside legal

counsel who confirmed their opinion — without an amendment to the Charter Act, the position will just be a name on a plaque.

"Ultimately if we don't get the powers, I'm not sure how effective (an ethics commissioner) will be," said Gerbasi.

Although the city can create the position, Gerbasi said the office of the ethics commissioner will not have the authority to create sanctions and conduct investigations if the provincial government does not amend the city charter.

With city council plagued

with different scandals, including the cost overruns at the new police headquarters and the controversial fire hall land swap, the move to create the position of ethics commissioner has been touted as a way to prevent scandals from popping up.

In an email to Metro, a provincial spokesperson said their position — that the current legislation already gives the council the power to create a position for ethics commissioner that will have some teeth — has not changed since last week. CLARA BUELOW/FOR METRO

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1 NEWS



Council OK's \$17.2M to cover police HQ bill

Vote. 'We need this completed and I think that was the right decision,' says mayor

A few councillors lauded it as a gem for Winnipeg's downtown, others questioned a lack of information, while many more said they'd hold their noses during a city council vote that came up in favour of covering the cost overrun of the Winnipeg police headquarters.

The city's administration requested another \$17.2 mil-

lion for the project, which had a guaranteed maximum price of \$193.567 million, putting the final price tag at about \$210 million.

The \$17.2 million over-expenditure includes \$15.2 million in additional borrowing.

City councillors debated the motion for over an hour, ultimately approving the extra funds in a 12-4 vote, with councillors Scott Fielding, Jenny Gerbasi, Paula Havixbeck and Harvey Smith in opposition.

Mayor Sam Katz said to councillors during the meeting, and to media afterward, that the easiest course of ac-

tion would have been to vote against it.

"It's so easy, and I wish I could be in that position, just to vote no, but the realities are we do have legitimate bills that have to be paid. We're not going to get involved in a lawsuit which we can't win," he said.

"We need this completed and I think that was the right decision."

Katz said he remains "unhappy" that this project was over budget and hinted that the city's legal department may take a closer look to see if anything can be recouped.

BERNICE PONTANILLA/METRO

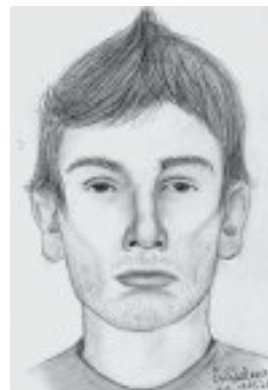
Police seeking man in Bobby Thomson case

Winnipeg police have released a composite sketch of someone they say may know what happened to Bobby Thomson.

Police first asked the public for help finding Thomson last September, reporting the then 20-year-old had last been seen near Broadway Avenue and Spence Street at around 10:15 p.m. on July 20, 2012.

Last month, Det. Sgt. Shaunna Neufeld of the WPS missing-persons unit told media that investigators now know Thomson was seen a full day later with an unknown man and woman at the Osborne Liquor Mart in the evening.

"We are asking the public to help us move this forward and find out (who) those individuals (are) ... and what he was doing around that time



Sketch of man WPS say may have been with Bobby Thomson before he disappeared. COURTESY WPS

frame," said Neufeld, who didn't rule out the possibility foul play could be involved

in the disappearance. "As time goes by our concerns are greater."

Winnipeg police said Wednesday the sketch is of the man Thomson left the Liquor Mart with.

Thomson's father, Robert, said it is "completely out of character" for him to be gone for as long as he has been without speaking to his family or close friends.

Thomson is white, five-foot-seven and 140 pounds with a slim build, brown hair and blue eyes. The man in the sketch is described as white and about six feet tall with a muscular build, dark eyes and dark hair, which may be spiked on top.

Anyone with information should call investigators at 204-986-6250. **METRO**

Dispute

Province taken to court over amalgamation

The Association of Manitoba Municipalities is taking the provincial government to court over forced amalgamation.

The group says the NDP government is setting out details of how small municipalities will merge without any regard to public input.

The association says the government is in some cases ignoring merger plans developed by the municipalities themselves.

The province announced plans earlier this year to force dozens of small communities to merge as a way of saving money.

The association says it

has filed a lawsuit in Court of Queen's Bench that asks a judge to force the province to follow what municipalities believe is the proper process.

THE CANADIAN PRESS

Investigation

Civil servant's email gets a pass

Manitoba's ombudsman says an assistant deputy minister didn't cross a line when he sent an email inviting immigration agencies to attend a politically charged debate in the legislature.

The senior civil servant sent an email in 2012 inviting immigrants and newcomers to watch the NDP government debate a resolution condemning federal changes to immigration

programs.

Documents released later under access to information showed more senior bureaucrats were involved in an effort to boost attendance at the debate.

Ombudsman Mel Holley says his investigation found the email didn't breach the Civil Service Act or the bureaucracy's values and ethics guide.

But he says debate around the email brought the neutrality of the civil service into question and bureaucrats must be able to work without political influence.

Holley recommends the clerk of cabinet and the civil-service commissioner draw up new guidelines to help bureaucrats avoid the perception of partisanship in the future.

THE CANADIAN PRESS



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Busted. Man running 'revenge porn' website charged with extortion

A San Diego man was charged Tuesday with operating a website that let people anonymously post explicit photographs of others so that he could extort hundreds of dollars from the victims.

Kevin Christopher Bollaert, 27, was arrested by California Department of Justice agents on 31 felony counts of conspiracy, identity theft and extortion.

Bollaert created the "revenge porn" website ugotposted.com a year ago, according to court documents. The site let users anonymously post more than 10,000 nude and explicit photographs of others without their permission.

Unlike other such sites, ugotposted.com required that the victim be identified by

name, age and other information, leading to the identity theft allegations.

Documents say Bollaert charged victims a fee ranging from \$249.99 to \$350 to remove the images, using emails sent through a second website, changemyreputation.com.

The department says Bollaert told investigators during the investigation that he received about \$900 each month from online advertising. However, the department said records from his changemyreputation.com PayPal account show that he received tens of thousands of dollars.

Both websites were inactive as of Tuesday. Bollaert's attorney did not return a telephone message seeking comment.

THE ASSOCIATED PRESS

Ottawa. Suspended senator denied press pass on Parliament Hill

The parliamentary press gallery has denied suspended senator Patrick Brazeau's bid for accreditation as a freelance reporter for Halifax-based Frank Magazine.

Press gallery president Daniel Thibeault said Brazeau wasn't eligible for membership because he's still a senator.

"So we feel as an executive that it's incompatible. You can't be a senator and a member of the press gallery at the same time," Thibeault said.

The Halifax edition of Frank — not to be confused with another publication in Ottawa with the same name — said



Suspended senator Patrick Brazeau
SEAN KILPATRICK/THE CANADIAN PRESS

the senator would be a "pain in the arse" to his former Senate colleagues, who suspended Brazeau and fellow ex-Conservative caucus members over their questionable expense claims.

THE CANADIAN PRESS

Interpreter at Mandela memorial was a fraud

Say what? Advocates for the deaf say sign-language interpreter was a faker who just waved his arms around meaninglessly

As one world leader after another took the stage in a gigantic soccer stadium to pay homage to Nelson Mandela in Soweto, South Africa, the man at arm's reach from them appeared to be interpreting for the deaf at the hours-long memorial.

The unidentified man, who stood about one metre from U.S. President Barack Obama and other leaders, "was moving his hands around but there was no meaning in what he used his hands for," Bruno Druchen, the Deaf Federation of South Africa's national director, said.

When South African Deputy President Cyril Ramaphosa told the crowd that former South African President F.W. de Klerk was among the guests in a VIP section, the man at his side used a strange pushing motion unknown in sign language that did not identify de Klerk or say anything about his presence in the stadium, said Ingrid Parkin, principal of the St. Vincent School for the Deaf in Johannesburg.

The closest the man's gestures at that point came to anything in sign language might possibly be the words for "running horse," "friend" or "beyond," she said, but only by someone who signs



U.S. President Barack Obama stands next to a fake sign-language interpreter as he makes his speech at the memorial service for Nelson Mandela at the FNB Stadium in Soweto near Johannesburg on Tuesday. MATT DUNHAM/THE ASSOCIATED PRESS

terribly. The man also used virtually no facial expressions to convey the often emotional speeches of the leader, an absolute must for sign language interpreters, Parkin said.

Collins Chabane, one of South Africa's two presidency ministers, told reporters the government is investigating "alleged incorrect use of sign language at the National Memorial Service" and did not identify the man but added the "government will report publicly on any information it may establish."

Outraged deaf people and sign language interpreters from Canada to China have

complained about the man, Parkin said. "This man himself knows he cannot sign and he had the guts to stand on an international stage and do that," Parkin said. "It's absolutely impossible that he is any kind of interpreter. Or a language person at all, because he's not even using a language there."

The allegation of the use of a bogus sign interpreter was yet another example of bad organization at the service Tuesday. Other problems included breakdowns in public transportation that hindered mourners from getting to the soccer stadium and a faulty

audio system that made the remarks of world leaders inaudible for many. Police also failed to search the first wave of crowds who rushed inside the stadium after authorities opened the gates just after dawn.

THE ASSOCIATED PRESS

Repeat offender

The man also did sign interpretation at an event last year that was attended by South African President Jacob Zuma.

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Vancouver proposes sending gay councillor to rep city in Sochi

Winter Olympics.

Councillor says cities vying to host Olympics should create 'pride houses'

Vancouver, the host city that introduced the "Pride House" to the Olympics movement, could soon send its gay deputy mayor to Russia to fight against homophobia in sport.

City councillors are expected to endorse a resolution next week sending Coun. Tim Stevenson and two members of his Host City Pride House Mission Team to the 2014 Sochi Winter Olympics.

Once there, the team will ask officials with the International Olympic Committee (IOC) and International Paralympic Committee to include



Openly gay Vancouver city councillor and deputy mayor Tim Stevenson speaks to reporters after it was announced Wednesday that he may represent the city at the 2014 Sochi Olympics. DARRYL DYCK/THE CANADIAN PRESS

a non-discrimination clause for lesbian, gay, bisexual and transgendered people in the Games' charter and require future host

cities to endorse pride houses in their bids.

Russia passed a law in June that bans "propaganda of non-

traditional sexual relations" and imposes fines on people who stage gay pride rallies.

"This isn't to challenge laws

or to challenge the authorities," Stevenson told reporters in Vancouver Wednesday.

THE CANADIAN PRESS

Pride House

What he hopes to do

"I am going to try to convince the IOC that they need to change.

"This isn't about trying to raise international incidents, and there will probably be others that may do that, I don't know, but good luck to them. But I want to go to make sure that we speak to the IOC and get them to understand how important it is to include sexual orientation in their charter and how important it is to have a safe house in every Olympics from here on in."

Six-year-old suspended

O, let me kiss that hand!

The suspension of a six-year-old boy for kissing a girl at school is raising questions about whether the peck should be considered sexual harassment.

The boy's mother, Jennifer Saunders, said officials at Lincoln School of Science

and Technology in Canon City, Colo., are overreacting. She said she was shocked when the school's principal brought up the term "sexual harassment" in a meeting.

Hunter Yelton said that he has a crush on a girl at school and she likes him back.

"It was during class, yeah. We were doing reading group, and I leaned over and kissed her on the hand," he said. THE ASSOCIATED PRESS

Arizona officer resigns after learning she's not American

A detective for Arizona's state police force has resigned following the discovery that she was living in the country illegally after being brought to the U.S. from Mexico by her family at a young age, the agency said Wednesday.

The former detective, Carmen Figueroa, apparently was told by her family that she was born in the U.S., though she was actually born in Sinaloa, Mexico, said Department of Public Safety spokesman Bart Graves.

Figueroa's status was discovered when the State Department processed a passport application submitted by her brother, who is serving in the U.S. military, Graves said.

THE ASSOCIATED PRESS



Carmen Figueroa ARIZONA DEPARTMENT OF PUBLIC SAFETY/THE ASSOCIATED PRESS

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Liberal Leader Justin Trudeau takes part in an interview on Parliament Hill in Ottawa on Tuesday. SEAN KILPATRICK/THE CANADIAN PRESS

Trudeau says he will keep on keeping it real

'Trusting Canadians.'

Liberal leader thinks Canadians will forgive him the occasional foot-in-mouth moment because he's genuine

Justin Trudeau says he's not about to curtail his unscripted approach to politics in a bid to avoid making gaffes.

Quoted

"I think Canadians are tired of politicians that are spun and scripted within an inch of their life."

Justin Trudeau, leader of the federal Liberal Party

And he thinks Canadians will forgive him the occasional foot in the mouth because they'd rather have a genuine politician who makes mistakes than someone who never errs by robotically reciting carefully

crafted talking points.

"I'm reassured that, yes, even though every now and then I give a little extra fodder to my opponents to try and go after me, ultimately I'm right in trusting Canadians that they

will understand that my focus is entirely on trying to serve them in the best and the realest way that I possibly can," the Liberal Leader told The Canadian Press in a year-end interview.

Since taking the helm of the battered Liberal party in April, Trudeau has made his share of gaffes. Most recently, he dismayed his supporters and delighted his political adversaries by appearing to express admiration for China's Communist dictatorship. **THE CANADIAN PRESS**

Saudi Arabia. Women caught breaking driving ban detained by police

Saudi activists say police have detained two women in Riyadh caught breaking an official ban on females driving.

The activists say the women were stopped Wednesday afternoon and taken to a local police station where their male relatives were also called in.

Saudi activists launched a campaign starting last September renewing calls to allow women the right to drive in the conservative kingdom.

In recent situations where women were caught driving, their male relatives were asked to sign statements saying they would not allow them to drive again.

The activists, who spoke on condition of anonymity out of concern for their security, say Wednesday's detentions are unique because the women have been detained hours longer than usual without being released.

THE ASSOCIATED PRESS

Former Montreal mayor

Fraud case put off

A fraud case against Montreal's former in-

terim mayor Michael Applebaum has been put off until January because the Crown has more evidence to disclose. Applebaum faces 14 charges.

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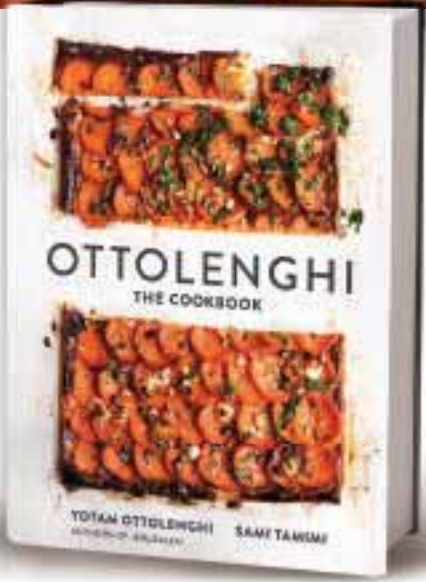
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Meat. FDA makes move to phase out use of some antibiotics in livestock

Citing a potential threat to public health, the U.S. Food and Drug Administration is taking steps toward phasing out the use of some antibiotics in animals processed for meat.

The agency has announced that it will ask pharmaceutical companies to voluntarily stop labeling drugs important for treating human infection as acceptable for growth promotion in animals.

If the companies sign on — and one major company has already said it will

Protecting humans

The FDA move is designed to limit antibiotic-resistant diseases in humans. Repeated exposure to antibiotics can lead germs to become resistant to the drug so that it's no longer effective.

— using those antibiotics to promote growth in animals would be illegal.

THE ASSOCIATED PRESS

London

Two Damien Hirst artworks stolen

Two Damien Hirst artworks together valued at 33,000 pounds (\$57,000) have been stolen from a London art gallery, police said Wednesday.

The Metropolitan Police

said the two signed prints, Pyronin Y and Oleoylsarcosin, were taken from the Exhibitionist Gallery in west London in the early hours of Monday by a thief who forced the gallery doors. The works are among Hirst's series of Spot pieces, covered in multicolored dots.

THE ASSOCIATED PRESS

FDA denies approval for female sexual-desire drug

Flibanserin. Daily pill is designed to increase libido in women by acting on brain chemicals linked to mood and appetite

The multi-decade search for a pill that boosts sexual desire in women has hit another roadblock, raising questions about the future of efforts to develop a female equivalent to Viagra.

Sprout Pharmaceuticals said Wednesday it has reached an impasse with the Food and Drug Administration over its drug, flibanserin. The pill is designed to increase libido in women by acting on brain chemicals.

The FDA questions whether the drug's benefits outweigh its risks, considering its "modest" effectiveness and side effects including fatigue and nausea.

Sprout said it is appealing



Cindy Whitehead holds a tablet of flibanserin in her office at Sprout Pharmaceuticals in Raleigh, N.C.

ALLEN G. BREED/THE ASSOCIATED PRESS

an October letter from the FDA that denied approval and asked for more information. But chances for approval appear slim: Of the 17 appeals FDA considered last year, 14 were denied, according to government figures.

The agency's latest rejection raises serious questions

for more than a half-dozen companies working to develop therapies for women who report stress due to lack of libido. It's a market drug makers have been trying to tap since the blockbuster success of Viagra, an erectile-dysfunction drug.

THE ASSOCIATED PRESS

Quoted

"A pill just doesn't take care of it."

Dr. Virginia Sadock, psychiatrist, on the difficulties of treating female sexual dysfunction.

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Missing heart. Marine's parents seeking damages after accidental discovery

The parents of a U.S. Marine whose body came back from Greece missing his heart have amended their federal lawsuit to add the Greek government and an Athens hospital as defendants.

Craig and Beverly LaLoup are also suing the U.S. Department of Defense over the remains of 21-year-old Sgt. Brian LaLoup. The Defense Department doesn't comment on pending litigation. Messages were left with the Greek government and state-run Evangelismos General Hospital.

LaLoup, who was assigned to a security detail at the em-

bassy, had told a colleague he was suicidal over a breakup. The parents believe a Marine supervisor knew about his mindset but instead of getting help, took him out for drinks.

Their lawsuit alleges their son was allowed to get a weapon from a storage area later that night, despite his mood and level of intoxication, and shot himself. The U.S. government is generally immune from wrongful death lawsuits, so the family is seeking damages only over their emotional distress caused by the missing heart.

THE ASSOCIATED PRESS

Surrendered

Defection setback for Uganda's LRA

The Lord's Resistance Army led by Joseph Kony has suffered its biggest defection in years after 19 members

surrendered to Invisible Children, an advocacy group, and African Union troops in Central African Republic.

Invisible Children said in a statement the LRA members gave themselves up on Dec. 6. THE ASSOCIATED PRESS

Frustrated Chinese citizens drink pesticide in protest

Homes demolished. Residents say they'd had enough after years of fruitless petitioning

A dozen residents of a central Chinese city protested the demolition of their homes by drinking pesticide in Beijing in a desperate bid for attention that underscores the failures of a decades-old petitioning system.

The 12 survived the protest Tuesday near a historic watchtower in the heart of China's capital after police sent them to a hospital, where they were being treated Wednesday for poisoning, said Wang Yuping, one of the residents.

Chinese petitioners sometimes are driven to extreme measures as their frustration boils over after years of unresolved grievances and routine beatings by local authorities.



Chinese citizens from Wuhan province lie on the ground after drinking pesticide near a historic watchtower in the heart of Beijing. THE ASSOCIATED PRESS

Wang, 40, and the others had travelled to Beijing from a district in Wuhan, the provincial capital of Hubei province, to draw attention to their complaints.

Wang described the protest as a group suicide attempt.

"We have been petitioning for so many years, but either we have been dragged back home or locked in secret jails and beaten, and no one has been willing to help us," Wang said by telephone. "We felt like there was no hope left."

Each petitioner drank about 50 millilitres of pesticide, Wang said, then lay down on the ground until police bundled them into vehicles and drove them to a hospital.

Wang said the petitioners have been unsuccessfully seeking redress since 2010 for the razing of their homes by local authorities who provided little or no compensation.

Local government and police offices in Wuhan could not be reached by phone. Every year in China, millions of complaints are filed about what petitioners see as injustice or incompetence by local officials. The system is criticized as ineffective and being prone to abuse. Petitioners are often met with violence when they attempt to take their cases to Beijing, with local governments sending "interceptors" to stop them — with force — and keep them in informal "black jails" until they can be sent home.

THE ASSOCIATED PRESS

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BLACKJACK & ROULETTE
ARE JUST STEPS AWAY.

ALL IN.

REMEMBER...
KEEP IT A GAME.



Craig Kielburger leaves condolences for Nelson Mandela in South Africa.

COURTESY MICHAEL RAJZMAN

Let's start with your response to the massive memorial service you attended for Nelson Mandela.

The emotions that are running through me — I'd say one is gratitude for the role that he played as one of the great leaders in our world for human rights ... but also, I have a sense of responsibility and I hope everyone does feel a sense of responsibility, that the world was fortunate to see

CRAIG KIELBURGER

As the world mourns Nelson Mandela, one of Canada's preeminent youth leaders, and co-founder of Free The Children, spoke with Metro Tuesday from Johannesburg after attending Mandela's memorial.

"A SENSE OF JUST PROFOUND GRATITUDE."

someone like Mandela and now the question is, what will we do to live that legacy ... I'd say it's very much a sense of just profound gratitude.

How has Nelson Mandela helped shape Free The Children?

I had the pleasure to hear him speak in various capacities ... and once, very briefly meeting him, as did my brother — to ask him a question about his leadership philosophy ... he reflected on how he was as a young person, a shepherd or herder, and he learned

a lesson that forever stayed with him ... that you always had to stand in the back to make sure your sheep, or your goats, always got to where they were supposed to go — that they didn't wander off to the side ... that simple idea, the lessons that he taught — the humanity — is an amazing influence.

What was Mandela's impact on you?

Inspiring. I don't think there's any other word that one can use ... inspiring in what he represented, inspiring in how he carried himself, inspiring

in his words — but mostly inspiring in his dreams ... That to lead, you must walk from behind and I think that speaks to the essence of who he was. A leader through-and-through, but someone who was so dedicated to making sure the most vulnerable always arrived.

How important is it that leaders are encouraging the world to model themselves after Mandela?

I hope that more world leaders would model themselves on Mandela. I think it's very easy to quote him, it's very difficult to model him ... if world leaders want to honour Mandela ... they can increase their foreign-aid commitments, they can promote service and volunteerism in their country, they can show that same compassion and forgiveness with some of the great intractable conflicts of our world — that would be a great way to honour Mandela.

What legacy do you think Mandela will leave behind?

I think legacy isn't something that he writes. In his time on this earth, he inspired us with his courage and his humanity and his willingness to forgive and his legacy will, ironically, be something we write ... the legacy is in our hands and I think we have an opportunity that we should not waste.

MORGAN MODJESKI/METRO IN SASKATOON



A visitor carries a book on Mandela as he stands with gatherers outside Mandela's house. COURTESY MICHAEL RAJZMAN

Dispatches from South Africa by Craig Kielburger

1 Arrival. With a heavy heart

On Wednesday, I walked into the courtyard of the Union Buildings in Pretoria where, in 1994, Nelson Mandela was sworn in as the first democratically elected president of South Africa. I headed up a flight of stairs and stopped. It felt as though there was pressure on my chest, heaviness in my heart. I took a deep breath. I expected to see a closed casket and hadn't prepared to see his body. People are lining up for up to seven hours to pay their respects. Of course.

2 Tribute. A sense of gratitude

I'm struck how a nation can come together for such an overwhelming tribute to Mandela, patriarch of this lush country once fractured by racism and hatred. These tributes extend beyond borders. I can't imagine another living person today, or in my lifetime, that could have such a unifying effect. Standing waist-deep in flowers left outside Mandela's house, sharing stories with his friends at a service, standing with South Africans to visit, I feel gratitude.

3 Pride. A never-dying spirit

"For the spirit of Nelson Mandela, it was the right time for him to go because he had done everything humanly possible to change this country. His was a never-dying spirit that showed us anybody can become anything." — Sammy Ntimanem, 34, in the Union Buildings in Pretoria

4 Hope. More than just a moment

"We have been friends and co-workers for eight years. We are very patriotic and support every event we can, from political, to sports, to moments like this. But this is more than just a moment. We came to the square to give tribute to the greatest man on Earth," said Esther Rubin, with Lilahloane Mokale in Nelson Mandela Square, Johannesburg. Added Mokale: "We love him so very much ... What we have is because of him. I hope we can go on without him."

5 Remember. For the next generation

"I so want my daughter to remember this day. That's why I have her here. As she grows up I will keep telling her stories about apartheid and how it was before in this country." — Monica Ntimana, 29, with Grace, five months



Work continues

100

At Free the Children, we are adding our voice to the tributes to Mandela. Our organization, along with Canadian schoolchildren, is building 100 schools in Africa. Mandela once said: "Education is the most powerful weapon which you can use to change the world."

Not an effective strategy

On LinkedIn? Nix 'responsible' from your profile

In this case, being responsible is overrated.

It's the No. 1 most overused buzzword on LinkedIn profiles in Canada, and globally, in 2013.

Professional networking site LinkedIn said its annual study also puts "strategic," "effective" and "creative" on this year's Top 10 list of overused words on business profiles. **THE CANADIAN PRESS**

More than 2M sold

83 million hours already wasted since Xbox launch



Xbox One superfans.

GETTY IMAGES FOR MICROSOFT

Microsoft says more than 2 million of its Xbox One consoles have been sold since the system's launch 19 days ago.

Company officials say users have spent over 83 million hours with the games, TV, and apps on Xbox One since the Nov. 22 launch. **THE ASSOCIATED PRESS**

\$1.6 million US

Four arrested in bank cyber-thefts

Four people have been arrested by detectives investigating the suspected theft of 1 million pounds (\$1.6 million US) from two U.K. banks via downloaded malware, police in London said Wednesday.

THE ASSOCIATED PRESS

Market Minute

DOLLAR
94.40¢ (+ 0.09¢)

TSX
13,133.42 (-190.59)

OIL
\$97.44 US (+ \$1.07)

GOLD
\$1,257.20 (- \$3.90)

Natural gas: \$4.34 US (+ 0.09)
Dow Jones: 15,843.53 (- 129.60)

You've got snail mail ... at the community mailbox

Five-stage plan.

In a bid to save up to \$900M a year, Canada Post will phase out door-to-door service

Canada Post is making dramatic changes to its mail services beginning next year, part of a new plan that will see door-to-door delivery phased out and postage stamp prices soar.

While some community organizations are rattled and the postal union is rallying to protect thousands of jobs, the news may barely interrupt the tweets and texts of most Canadians.

Rapid technology changes have reduced Canadians' reliance on the postal service, making the traditional daily check for the letter drop almost unnecessary in 2013. Bill payments are made online, couriers deliver parcels and, at this



The familiar sight of a Canada Post employee delivering mail door-to-door will become a distant memory as Canada Post phases out the service within the next five years. **NATHAN DENETTE/THE CANADIAN PRESS**

time of year, email inboxes are more likely than mailboxes to be overflowing with Christmas greetings.

The financial situation for Canada Post has been bad for

years as the Crown corporation tried to maintain a profitable business processing fewer letters, even as the number of Canadian addresses grows by about 200,000 locations each

year.

In 2012, only about one-third of Canadians, or nearly 5.1 million people, received mail delivery to their door, costing an average of \$283 per year.

A loonie per stamp?

\$1

Canada Post also plans to increase the price of a stamp to 85 cents when purchased in a booklet, starting on March 31. Stamps purchased individually will cost \$1 each.

for each address, according to the Canada Post annual report.

The rest of Canadians either visited a central location, like an apartment lobby, community mailbox, rural mailbox or delivery facility, which cost the corporation significantly less.

On Wednesday, Canada Post unveiled a five-stage plan that will help save up to \$900 million a year. The federal Crown corporation plans to phase out home delivery within the next five years by replacing delivery on foot with community mail boxes, raise postal rates and cut thousands of jobs.

THE CANADIAN PRESS



Pope named person of 2013

Time magazine selected Pope Francis as its Person of the Year on Wednesday, saying the Catholic Church's new leader has changed the perception of the 2,000-year-old institution in an extraordinary way in a short time. The Pope beat out NSA leaker Edward Snowden for the distinction, which the newsmagazine has been giving each year since 1927. The Pope has denounced the world's "idolatry of money" and the "global scandal" that nearly 1 billion people today go hungry, and has charmed the masses with his simple style and wry sense of humour. His appearances draw tens of thousands of people and his @Pontifex Twitter account recently topped 10 million followers. **THE ASSOCIATED PRESS**



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Thanks to financial contributions from all three levels of government and from donors like you, the **CANADIAN MUSEUM FOR HUMAN RIGHTS** in Winnipeg, Manitoba will open its doors to the world on September 20, 2014.

Over 7,500 donors from across Canada and beyond have raised \$142 million towards our private sector capital campaign goal of \$150 million.

Special thanks to **Alice and Grant Burton, Michael and Amira Dan and The Manitoba Teachers' Society**, whose recent gifts of \$1 million or more helped us reach our latest fundraising milestone. Together, you are helping build a centre of learning that will create inspiring encounters with human rights for visitors from across Canada and around the world.

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IT'S CHILLY — NOT THE TASTY TYPE

Lo and be cold, it's that time of year again in Canada.

When I watch the morning forecast, some of the temperatures are best measured in Kelvin: "It will be Absolute Zero in Regina, but with the wind chill it will feel like we've passed beyond our understanding of thermodynamics, so bundle up!"

As I walk to work, my palm burns from my morning coffee but the back of my hand freezes from the coffee dripping. (In all things, moderation.)

And at work, I waste my time with YouTube videos illustrating that household pets, if tossed into the frigid air, will disintegrate into snow before they hit the ground.

N-n-n-not to put too f-f-f-fine a point on it, but it's c-c-c-cold.

It's all relative, of course — an Edmontonian accustomed to -25 C might hallucinate in the balmy -8 C of Toronto and imagine oases in the distance, frozen solid and covered in sexy skaters. Yet



HE SAYS
John Mazerolle
metronews.ca

a friend of mine who's moved to Toronto from Vancouver was lost when she was told T.O. gets "twice as cold" as it is now.

"I don't even know what that means," she said, like somebody who'd been told they'll be murdered on Tuesday and again on Thursday.

My point being, it's best we set aside our regional differences and accept that the whole nation is a frigid wasteland — No Country for Cold Men.

Beer commercials to the contrary, most Canadian adults cower inside all winter. And when youth do go outside it results in all matter of deformities: Swollen ears and tongues stuck to metal and faces frozen solid. I once froze up so badly while waiting for a school bus that even when laughing I couldn't smile, leaving all my

classmates in hysterics and providing an early cautionary tale about the dangers of Botox.

With these extreme dangers frozen in our minds, here are seven tips for any extreme-cold emergencies this winter:

1) Your home and car should have an emergency kit that includes: Warm water; Super Inferno Cinnamon Gum; one pack of erotic playing cards; a watch that runs on the cold; marshmallows; a magic hat for snowman sentence creation; plane tickets to some place warmer.

2) When lighting that furniture-fuelled bonfire in your living room, only use clean-burning natural gas.

3) Leaving your car running all winter will make those morning commutes comfy while speeding up global warming.

4) Soak wool in warm water before heading out.

5) To keep your kids warm, put all of them in the same adult-sized snowsuit and have them walk in tandem, imitating a full-sized person. Cartoon capering is also great exercise.

6) Remember to swing open your door every 10 minutes or so to see if it's gotten any warmer outside.

7) Find out what Calgary Mayor Naheed Nenshi's doing. He's got this.

And those are my tips. Careful you don't freeze them right off. A friendly reminder: While I've made light of the chill, hypothermia and frostbite are no laughing matter. Or maybe they are. It's so hard to tell with our faces frozen like this.

ZOOM

War, from a kid's perspective



COURTESY BRIAN MCCARTY

Photographer captures a feeling

This shot of toy missiles heading for a doll's house isn't meant for playtime — it's how a child sees war. The striking image by Hollywood photographer Brian McCarty features in his War-Toys project, which explores how conflict is perceived through the eyes of kids caught up in war and violence across the Middle East. **METRO**

Q and A

Toys make sense of it all



BRIAN MCCARTY
Photographer/artist,
39, based in West
Hollywood, Calif.

What's your project about?
Starting back in 2011, I travelled to Israel and the Palestinian Territories to

explore war from the perspective of children. I visited humanitarian organizations where children were invited to draw pictures about their lives. The resulting illustrations served as the basis for my photographs.

Why did you use toys?
As children, toys became surrogates through which we acted out aspects of the

world around us. Our play allowed us to organically deconstruct what it meant to be human and digest large concepts in smaller bites. War is so dehumanizing and outside normal reality that, even as adults, we need toys to make sense of it. We need the distance provided by these plastic totems to begin seeing the actual horrors without being made numb.

Clickbait



LUKE SIMCOE
Metro Online

The digital equivalent of a rotoscope, animated GIFs are one of the oldest image formats used on the web. Invented in the 1980s, the humble GIF has since become a staple of online culture. Easy to make and even easier to share, they're the perfect platform for everything from humour to art. Most image-editing programs can make GIFs, but here are a few apps that simplify the process. Happy GIFing! Just don't get me started on how it's pronounced.



CONTRIBUTED

GifBoom:

Available on both Android and iOS, GifBoom is considered the Instagram of mobile GIF-making apps. The social features are largely optional, but the built-in GIF-maker is intuitive and lets you do things like add filters or sound.

Cinemagram:

Another cross-platform smartphone app, Cinemagram veers towards creating GIFs out of video footage. The app's appeal lies in its masking function, which allows you to select which parts of a frame are animated.

ImgFlip:

If you want to be old fashioned and make GIFs in your web browser, ImgFlip is one of the more full-featured sites. It lets you build GIFs out of either video or pictures, and includes a decent suite of editing tools.

Twitter



@willems_steph: Frozen food delivery receptacle.

@metropicks asked: The home mailbox will be obsolete as @canadapostcorp ends urban delivery. What's the best way to repurpose a mailbox?

@draxapup: flower pot on every front stoop

@Canucklehead_ca: 1) Print & delete emails. 2) Place in mailbox. 3) Take out & reply (via email) to each. (Will require retyping original email.)

Follow @metropicks and take part in our daily poll.

WE WANT TO HEAR FROM YOU: Send us your comments: winnipegletters@metronews.ca

The missing piece of North/South

Talkin' about Georgia.

Scott Nolan and Joanna Miller had a bad run-in with a sound engineer in Texas, but this time it was different



BACKSTAGE PASS

Jared Story
winipeg@metronews.ca

Scott Nolan's new record has dual citizenship. North/South, a live album from the Winnipeg singer-songwriter and his partner in music Joanna Miller, consists of a 'Peg performance at the Park Theatre and a road gig in Georgia.

The roots rock duo had been sitting on the Park portion of North/South for a couple years.

"I didn't feel like I had a record," Nolan says. "I really loved what went down at the Park, but we don't really do set lists or anything like that. I had some good performances and good sounds, but the song selection didn't work out the way I wanted."

Nolan and Miller received the missing pieces to its puzzle in April, when the duo played a gig at the Red



Winnipeg roots rock duo Scott Nolan and Joanna Miller releases its first live album, North/South, on Friday. CONTRIBUTED

Show details

Nolan and Miller release North/South at the Park Theatre on Friday.

- **Tickets.** \$15 at the Park, Music Trader and ticketbreak.com or \$20 at the door. Showtime is 8 p.m.

Clay Theatre in Duluth, Ga., which was recorded by a sound engineer named Shalom Aberle. Funnily enough, Nolan and Miller had previously crossed paths with Aberle while on tour with Texas country singer-songwriter Hayes Carll, and the result wasn't as pleasant.

"I remember he became so difficult that at some

point I turned around on-stage to confront him and Hayes intervened," Nolan says, noting that he and Miller were a little late for the gig.

"This time, I was there earlier. I spent some time with him and he's really a wonderful guy. He's just a real perfectionist, a real serious sound engineer.

"I think that first show wasn't in his comfort zone, so it was an artist behaving a little erratically. Anyway, we hit it off much better at the second show and he wound up recording it for us."

Nolan says he's very pleased with North/South, especially for the fact that after 15 years playing and touring together, it's the

first recording that features just himself and Miller.

"I play songs in shows that she's never had the benefit of hearing, but by the end of the song she'll be singing harmonies," says Nolan of his relationship with Miller.

"She just knows where I'm going to go. Sometimes before I do."

2 SCENE





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ARTISTIC DIRECTOR

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NBC's halls alive with the sound of potential

A one-hit wonder?

The Sound of Music' was a smash last week, but what will NBC do for a musical encore?

NBC's halls are alive with the sound of sequels. After the triumph of last week's The Sound of Music Live! NBC understandably is now planning more live musicals.

This is welcome news for anyone who likes seeing a network get off the beaten path. Few observers have failed to cheer NBC for raw ambition in presenting a live musical more than a half-century after the previous one aired. Attaboys even came from the loudest critics of the broadcast and its leading lady, Carrie Underwood, who played Maria.

"I think we can do this again — and again and again," NBC Entertainment Chairman Robert Greenblatt told The New York Times this week, while allowing, "There may be a little bit of a phenomenon to the

first one of these. Who knows what happens Year 2, 3 or 4?"

Who indeed? Can the interest, excitement and nearly 19 million viewers scored by The Sound of Music Live! be matched a year from now by another such TV event? Or was this live show a one-note wonder? The answer might lie in determining why so many viewers tuned in.

Was it Carrie Underwood who served as the big draw?

Was the main attraction The Sound of Music itself, a Rodgers and Hammerstein classic that, largely thanks to its 1965 film version, is one of the most recognized and popular family entertainments in the world?

Or did the audience simply rally to the anything-could-happen unpredictability of live TV, something no viewer had experienced with a musical since Eisenhower was president?

Odds are, all three reasons help explain why The Sound of Music Live! made such a splash. But a year from now, can NBC's follow-up strike a similar chord? What manner of star could equal Underwood's drawing power? And, maybe



Carrie Underwood, right as Maria, in The Sound of Music Live! AP PHOTO

most important of all, is there any other musical that could grab the attention The Sound of Music automatically claims?

Although NBC isn't saying which musicals may be under consideration, it's easy enough to play a guessing game.

Maybe Peter Pan or The Music Man (though both have

been revived as filmed TV productions). Perhaps mega-star Hugh Jackman could reprise his triumphant performance in a TV revival of Rodgers and Hammerstein's Oklahoma!

What about Mame with Cher? Bette Midler in Hello Dolly? Reba McEntire in The Unsinkable Molly Brown?

But do any of these projects come close to The Sound of Music Live? In short, is there another filmed musical everyone has seen and has such deep feelings for? Of course. It's time for NBC's star-studded staging of The Wizard of Oz Live!

Sign Lea Michele of Glee to play Dorothy, Meryl Streep as the Good Witch, Anne Hathaway as the Wicked Witch. Tina Fey as the Wizard. Neil Patrick Harris as the Scarecrow. Alan Cumming as the Tin Man. Will Ferrell as the Cowardly Lion.

The Wizard of Oz, with Judy Garland as Dorothy, reigns as a piece of pop culture that viewers would be thrilled or outraged — but most important, compelled — to see restaged for live TV. They would watch with bated breath for technical screw-ups (beware that flying house and melting witch!). They would scorch the Twitterverse with comments, flattering and snarky. Before, during and after it aired, this show and its songs would be on everyone's lips. A year from now, the yellow brick road could prove to be a straight shot to Must-See TV. **THE ASSOCIATED PRESS**

Following their movie

One Direction reality show may well be ... a reality

One Direction are probably getting their own reality show. Cue the shrieks of teen girls, weird middle-aged women and some teen boys everywhere. The insanely popular British boy band (the rabid tween girl fan frenzy they inspire has not been seen since boy band dinosaurs Backstreet Boys et al roamed the earth) already made a movie — This Is Us — so a reality show is the natural next step (There is nothing natural about reality shows). Details about the yet-to-be-confirmed new show are still in the works, according to UK rag The Daily Star, but you can bet that, if the price is right, this thing will happen.

ALEXANDRA CAVALLO, MWN IN NYC

Midnight Madness at IKEA

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The **IKEA Winter Sale** kicks off tomorrow with amazing offers at **Midnight Madness**.
Friday, December 13th from 6pm - Midnight only.*



50% OFF
select holiday
collection items



50% OFF
all soft toys
Limit 10 per customer.



SÄTER sofa
Was \$499
\$299
Limit 1 per customer.

Visit IKEA.ca for details. While supplies last.

Book in some time for holiday reading

Brrrr. It's time for all good children to curl up with a good book featuring snow. Here are four to get you started or pass on to gifters.

THE ASSOCIATED PRESS

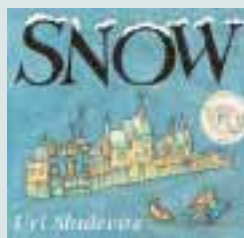


The Snowy Day — Ezra Jack Keats

Reprint edition from Puffin.
This 1963 Caldecott Medal winner is the tranquil story of a city boy named Peter who bundles up for crunchy outdoor adventures after discovering it snowed overnight. Cutouts, watercolours and the Brooklyn-born creator's classic collage work. It's considered the first full-colour picture book to feature an African-American protagonist.

Snow — Uri Shulevitz

Reprint
edition
from
Square
Fish.
First out
in 1998.



A hopeful "boy with dog" lives in a great, grey city inhabited by doubtful grown-ups transformed with the season's first snowflake. It earned Shulevitz, who survived the bombing of Warsaw as a boy, a Caldecott Honor and may be just the thing to cheer up a modern-day "grandfather with beard" who utters: "It's only a snowflake."

Snowflake Bentley — Jacqueline Briggs Martin

Reprint edition from HMH Books for Young Readers. Another Caldecott Medal winner, this one was also first published in 1998. It tells the story of Vermont's Wilson "Snowflake" Bentley, a self-educated farmer who combined a microscope and an old bellows camera to become the first person to photograph a single snow crystal in 1885.



Frosty the Snowman — Steve Nelson and Jack Rollins

Illustrated by Wade Zahares, this retelling of the seasonal song standard features a trippy looking Frosty in black top hat and green mittens. Includes a three-track CD with the song and others performed by Grammy winner Kenny Loggins.



of items.



15pcs meatball dinner
Reg. \$5.99
\$3.99

4pm - close



Winter flicks to help pass the time inside

Even when the winter chill forces you indoors, there's still a way to enjoy the frosty weather. Plenty of snowy flicks abound to either celebrate the icy romance of an all-white landscape, or bemoan the cold, stark isolation that comes with darker days. On the days you just can't bear the outdoors, trade that blanket of snow for a cosy cover on the couch and settle in with one of these winter-set classics. Here's a look at five snow-bound flicks to keep you toasty by the tube.

THE CANADIAN PRESS



Fargo

Writers-directors Joel and Ethan Coen capture all the beauty and harshness of a frigid winter season with this brutal 1996 crime thriller. It's full of striking images that linger long after the final credits, many of them featuring a barren northern landscape instantly recognizable to most Canadians. Who hasn't had a near-mental breakdown while scraping ice off a frozen windshield?



Into the Wild

The unforgiving elements of winter feature prominently in this 2007 adventure tale about a young wanderer, played by Emile Hirsch, who sets his sights on a solo excursion to Alaska after graduating from university. His foolhardy odyssey takes him across the continent in search of enlightenment and solitude. But a cold hard truth awaits this idealistic loner, and his anguished journey — based on a true story — is hard to shake.



The Shining

Chills abound in this 1980 horror classic about a young family that is hired to look after a creepy old hotel that is shuttered for the slow winter months. Cabin fever predictably sets in for the crazy-eyed dad, played with unforgettable zeal by Jack Nicholson, and that's just when the hotel starts to reveal it may have a cold, dark past. The weirdness mounts as the snow falls, culminating in a memorable blizzard chase scene.



Cold Mountain

It's pretty cold up on Cold Mountain, and we're reminded of that constantly in this 2003 period drama about a Civil War soldier, played by Jude Law, who trudges through a harsh landscape to return to his faithful sweetheart Ada, played by Nicole Kidman. This is a good old-fashioned love story also starring Renée Zellweger, where the burning ardour of separated lovers sustain them through a barrage of hardships that continually work to keep them apart.



The Empire Strikes Back

OK, this kid-friendly classic makes the list largely due to that disgusting blizzard scene where Han Solo cuts open the belly of a passed out tauntaun and stuffs a delirious Luke Skywalker inside to keep him from freezing to death. But of course, that's not Han's only brush with deadly cold in this beloved 1980 Star Wars instalment, there's another chilly scene that's spawned all sorts of quirky merchandise including Han-shaped ice cube trays.

Hollywood

12 Years A Slave tops SAG noms

Steve McQueen's historic saga 12 Years a Slave, Jon Wells' dysfunctional family adaptation August: Osage County, Jean-Marc Vallée's AIDS drama Dallas Buyers Club and the sweeping White House servant tale Lee Daniels' The Butler topped the list of outstanding performances for the 20th annual Screen Actors Guild Awards. 12 Years a Slave scored four nominations, while Osage County and The Butler earned three nominations in Wednesday's announcements. Each of the three films was nominated for overall performance by their casts. Also nominated for best ensemble cast was David O. Russell's 1970s con-artist romp American Hustle.

THE ASSOCIATED PRESS



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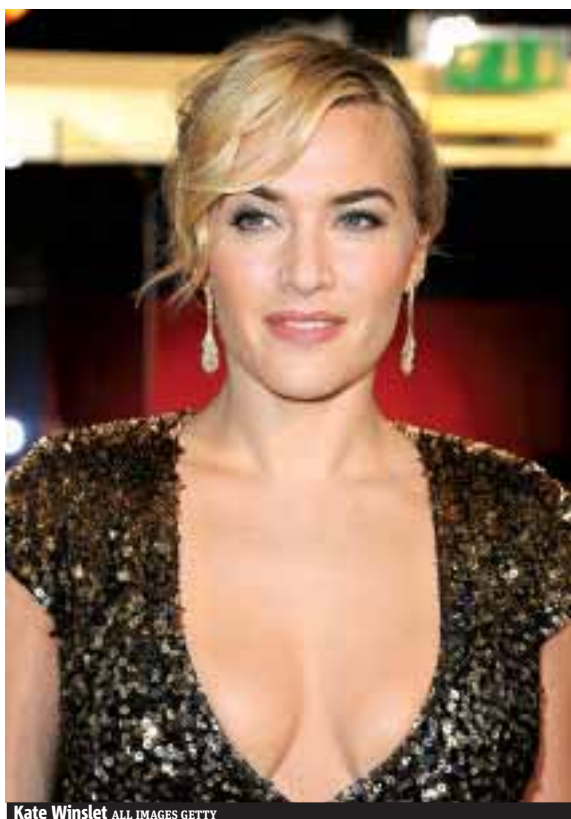
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Kate Winslet ALL IMAGES GETTY

It's only baby Rocknroll but mommy Kate likes him, likes him, yes she does

Kate Winslet is a new mom once again. The Oscar winner gave birth to a son, her first kid with new husband Ned Rocknroll, Saturday in the U.K., her rep confirms to People magazine. "Baby and mother are doing great,"

her rep says, though more information about the boy — including his name — wasn't disclosed. Winslet also has a daughter, Mia, from her marriage to Jim Threapleton and a son, Joe, with second husband Sam Mendes.

METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES

The Word



Streisand acts as catalyst for amicable Lane and Brolin split

Diane Lane orchestrated a fairly smooth split from ex-husband Josh Brolin thanks reportedly in large part to an unlikely ally: Brolin's stepmother, Barbra Streisand. "She made it clear she would help Diane get everything she needed in her split from her own husband's son," a source tells Radar Online. "Barbra made it

clear the divorce needed to go smoothly for the sake of the kids." Things went so smoothly, in fact, that Brolin reportedly turned down an offer to play Batman in the upcoming Man of Steel sequel because Lane will be reprising her role as Clark Kent's mother. "He didn't want to make Diane uncomfortable," the source says. "They're really going to be fine as a divorced couple. Josh admits he's too much of a 'bad boy' to be married to one woman, and Diane and Barbra and even his father James Brolin agree completely."

Twitter

@ElizabethHurley
Pea souper in London today.

@josswhedon
Movies teach us that a man with daddy issues is a HE-RO and a man with mommy issues is a sexually dysfunctional serial killer.

@TomArnold
I've officially lost 80 pounds. Now even my gay friends are complimenting me.



Demi Moore

Broken-hearted Moore ringing in the changes

Now that her divorce from Ashton Kutcher is finalized, Demi Moore is reportedly rushing to erase anything that reminds her of him

from her life — including the engagement ring he got her, which she quietly sold recently, according to Star magazine. "Ashton broker her heart," a source says. "Anything that reminds her of him makes her sad, and she wants to be happy." Moore sold the five-carat, emerald-cut anonymously on consignment for \$250,000, the source claims.

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Trends Report

Joseph Nogucci is an up-and-coming Canadian fashion accessories brand built by Toronto architecture and engineering students, Mario Christian and Luca Daniel. Go online to Trends Report to read about how the duo transformed sketches that were meant for buildings into designs for bracelets and beads.

Follow Irene on twitter @MetrolreneK or Instagram: kuanirene

www.metronews.ca/voices/trends-report



The year in colour

Orchid is growing on us

Radiant Orchid, a version of the purple hue is Pantone Inc.'s colour of the year for 2014. It follows this year's pick of emerald green.

Officially known as Radiant Orchid, the tropical shade is a colour-wheel contrast to green, said Leatrice Eiseman, executive director of the Pantone Color Institute. "It's a little different, it's a little off the beaten path, and it's not a primary colour," she explains. "It's an invitation to innovation." **THE ASSOCIATED PRESS**



Alice Smith doesn't 'speak makeup'

Natural woman.

The soul singer loves her beauty products — she just doesn't always like wearing them. She tells us about her Ramona Quimby hair and her trick to never waking up with dry skin (hint: it rhymes with sheep).

ROMINA
MCGUINNESS
Metro World News

Alice Smith's deep lyrical voice is so soothing it could almost put you to sleep. Luckily, the one-time Grammy-nominee won't take offence if you do. Why? Because she believes that sleep is nature's way of helping you look pretty and fresh faced.

"Eye bags are a sign that you either need to take a break or go to sleep. So if I'm working late one night, I just make sure I drink a lot of water and go straight to bed. That's it," she explains from her home in Brooklyn. And for those rare moments when shut-eye isn't enough? "In that case I'll use a little bit of MAC Studio Finish Concealer," she adds.



Alice Smith's second album *She* was released in March. ALEX ELENA

Letting her skin make its own oil

"I wash my face with Sothys Cleansing Cream twice a day, and in the morning I follow up with their Hydradance Light Hydrating Cream. I don't put anything on at night because that's when your skin is busy working and making oil. You just have to make sure you use really good stuff. So far, I've never woken up with dry skin. I also see my facialist, Mamie McDonald, about once every six

weeks and she just does what she needs to do. I always leave with a really clean face!"

Not needing foundation — ever

"I love makeup, but I don't speak makeup. I don't wear a lot of it because it's not good for your complexion. But if I feel a little washed out, I'll do my eyebrows up a little and put some mascara on. But I never wear foundation — ever. Definitely not when I'm on stage. I want to be able to touch my face and it's not like

I'm a big sweater, but I might sweat. So I just don't see the point. When I'm performing, I stick to brows, lashes and lips. I love a burnt sienna lipstick but you have to be really feeling it to pull such a bold colour off. And I always carry a tin of Burt's Bees Beeswax Lip Balm with me."

Her 'Ramona Quimby' hair

"I used to dye my hair in college and it was like orange! I

don't think it was meant to be that colour...but I liked it. I had a fringe and a short bob, which made me look like Ramona Quimby! I'd love to dye my hair again but I think I'm just afraid of how it would turn out."

Her new album *She* and making it through the music industry unscathed

"It feels like a lifetime ago that I released my first album but I've always had a lot of support. My family and my friends have always been there for me. I'm not any different. I think I'm just older. I have a three-year-old daughter now, and she's made me re-evaluate and re-examine who I am and who I need to be. For me it's about what kind of person I'm trying to encourage her to be — how to be successful, how to care for herself. And because the only way to teach things is to show, I need to be able to show her how to do all that."

Her beauty icons

"I love Sade...I've always thought she was so beautiful."

Alice lets us take a peek inside her makeup bag

L'Oréal Voluminous Mascara

"I love this because it doesn't come off or flake up. You're not going to have any mascara sitting under your lashes."



Stila Stay All Day Waterproof Liquid Eye Liner

"I'm always on the road and they sell this at Sephora, meaning I can always get my hands on one when I run out."



MAC Cosmetics Mineralize Skinfinish Natural Powder

"I use this as a highlighter. I like the fact it blends in really nicely and doesn't make my face shine."



NARS Cosmetics Velvet Matte Lip Pencil in Dragon Girl

"I love the fact I can use this to colour my entire lip in one go."



Mac Eye Brows in spiked

"This is perfect for when you want to add depth to your brows."



Take it back to historic foodie basics

"Today, mackerons (now spelled macaroons) are a meringue made with coconut, but until the mid-19th century they contained finely chopped or pounded sweet almonds," notes *Setting A Fine Table*. "Recipes for mackerons appeared frequently in 17th- and 18th-century cookery books, with varying ratios of sugar to egg whites. Mackerons were served with wines and liqueurs, or were crushed and layered in trifles or with syllabubs and creams."

"Orange blossom water and rosewater, both made by steeping the flower blossoms in brandy or distilled water, were characteristic flavourings for this biscuit (cookie)."

"Musk, another popular flavouring, is an aromatic substance produced by the male musk-deer. It is still an important ingredient in perfumery, but is no longer considered edible."

"By the mid-19th century, vanilla had displaced these flavourings."

Historic recipe

1. Take a pound of almonds, let them be scalded, blanched, and

Modern Ingredients

- 3 cups (750 ml) whole blanched almonds
- 4 medium egg whites (1/2 cup/125 ml)
- 2 tsp (10 ml) orange flower water
- 2 cups (500 ml) superfine granulated sugar

thrown into cold water, then dry them in a cloth, and pound them in a mortar, moisten them with orange-flower water, or with the white of an egg, lest they turn to oil; afterwards, take an equal quantity of fine powder sugar, with three or four whites of eggs, and a little musk, beat all well together, and shape them on wafer-paper, with a spoon round; bake them in a gentle oven on tin plates. **THE ART OF COOKERY MADE PLAIN AND EASY (HANNAH GLASSE, 1796)**

Modern Equivalent

1. Line 2 rimless baking sheets with parchment paper.

2. In a food processor, chop the almonds, scraping down the sides of the bowl from time to time, until they are the consistency of very coarse sand with some slightly larger pieces. Set aside.

3. In a separate large bowl, beat the egg whites with the orange flower water until soft peaks form. Add the sugar about 2 tbsp (30 ml) at a time, beating until stiff peaks form. Sprinkle the chopped almonds over the egg white mixture and fold in to distribute evenly.

4. Drop by rounded teaspoonfuls (6 ml) about 1 inch (2.5 cm) apart onto the prepared baking sheets. Bake in the centre of a 325 F (160 C) oven until they are dry to the touch, but still white, and lift easily off the parchment paper, about 12 to 15 minutes.

5. Let cool on the pans on a rack.

RECIPES EXCERPTED FROM *SETTING A FINE TABLE: HISTORICAL DESSERTS AND DRINKS FROM THE OFFICERS' KITCHENS AT FORT YORK* (WHITECAP BOOKS) EDITED BY ELIZABETH BAIRD AND BRIDGET WRANICH

Mackerons



This recipe makes 80 mackerons. ALL IMAGES: PAT CROCKER, FROM *SETTING A FINE TABLE: HISTORICAL DESSERTS AND DRINKS FROM THE OFFICERS' KITCHENS AT FORT YORK* (WHITECAP BOOKS)

Cookbook of the Week

Travel back in time to update classics



Toronto's Fort York is seeped in history but often overlooked is the food element of the times.

Edited by Elizabeth Baird and Bridget Wranich, *Setting a Fine Table* is a selection of recipes from Fort York.

The dishes, from the officers' kitchen in the Fort, take readers back to a time when food was not only made locally, but found locally — off the land. The 30 recipes include the original, historic recipe as well as its modern equivalent.

METRO

Snack. Derby Cakes

"Derby (pronounced DAR -bee) is a small city in the East Midlands, England. Derby cakes (or

Modern Ingredients

- 1 cup (250 ml) currants
- 3 1/2 cups (875 ml) all-purpose flour
- 1 tsp (5 ml) baking soda
- 1 cup (250 ml) unsalted butter, cubed
- 1 cup (250 ml) granulated sugar
- 1 medium egg yolk
- 1/2 cup (125 ml) whole milk

short cakes) are one of many examples of regional griddle cakes found throughout the British Isles. Since the Middle Ages, bakers have used the term 'short' to mean a dough with a high ratio of fat to flour so that the resulting baked cakes are crumbly and tender," notes *A Fine Table*.

Historic recipe

1. Rub one pound of butter into two pounds of sifted flour, put one pound of currants, one pound of sugar, mix all together with half a pint of milk, one egg, two tea-



This recipe makes 45 cakes.

spoonfuls of pearlsh, roll it out thin; cut it in round cakes and bake them. **FROM THE COOK NOT MAD; OR, RATIONAL COOKERY (ANONYMOUS, 1831)**

Modern Equivalent

1. Soak the currants in hot water for 5 minutes. Drain and spread out to dry on a towel-lined tray, about 15 minutes.

2. In a large bowl, whisk together the flour and baking soda. Using a pastry blender or your fingertips, work the butter into the dry ingredients until the mixture resembles fresh breadcrumbs. Mix in the sugar and the currants.

3. Whisk egg yolk and milk. Make a well in the centre of the dry ingredients and pour in the milk mixture. With a fork, combine all the ingredients to make a soft, but not sticky, dough. Dust your hands with flour if necessary to handle the dough easily. Divide the dough in half. Place a bowl over one half of the dough while you are working with the other.

4. On a well-floured work surface, roll out the dough, one half at a time, to a scant 1/4-inch (6 mm) thickness. Use a 2 1/2-inch (6 cm) cutter to cut out rounds, dipping the cutter into flour if necessary to prevent sticking. Reroll the scraps to make more rounds.

5. Bake on a griddle or cast iron skillet over medium-low to medium heat until golden on the bottom, about 5 minutes. Bake on the second side until golden and the cakes are cooked through, about 4 minutes. Keep the heat moderate or the outside of the Derby Cakes will darken or burn before the insides are cooked.

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HOLIDAY FUN

Thursday, December 12, 2013

Embrace the winter

JASON MENARD
For Metro

The weather outside may, at times, be frightful, but that doesn't mean you can't make the most of the winter season. Whether you are with that special someone or a group of old friends, there are plenty of opportunities to enjoy the winter weather.

So, without further ado, here are a few fun activities designed to help adults make the most out of the winter weather.

A walk through the park: There is something about the magic of lightly falling snow at night reflected in the lights alongside a park path.

Skating: Most cities have wonderful outdoor skating facilities if you are just looking for a casual skate with that special someone. And if you want to get a crew together, you can rent an hour or two of ice at the local rink and engage in a game of shinny.

Skiing: Cross-country or downhill, Canadians have learned to conquer the snow

by strapping on thin planks to their feet and going really, really fast.

Help out at a charity: The holiday season, in particular,

represents a great time for people to give back. Whether it's helping out at a food bank for a new year's resolution, or sharing Christmas at a soup kitchen, your generosity can truly make it a winter wonderland for many people in need.

Decorate your home: As long as you don't go all Griswold, decorating your home with lights is a gift that gives to everyone in your neighbourhood.

Go ice fishing: If the ice is thick enough in your neck of the woods, ice fishing is a surprisingly popular and relaxing activity.

Help a neighbour shovel

their walk: It may not seem fun, but the satisfaction of helping an elderly neighbour out sure feels good.

Enjoy some mulled wine or apple cider: Or if hot chocolate is your drink, that's OK, too. And, as an adult, no one will mind if you decide to make that beverage a little more "festive" as you enjoy your holiday cheer.

Sure, you can curse the winter weather and spend a few months in a self-imposed cocoon, but with so many amazing winter opportunities out there, you owe it to yourself to see why cold-weather activities can really warm you up.



Skiing, downhill or cross-country, is just one way to get outside and take advantage of winter activities during the holiday season. COLOURBOX



Enjoy a casual skate during the holidays. MARIDAV/SHUTTERSTOCK



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Winter can be snow much fun

JASON
MENARD
For Metro

Keep kids busy during the holidays with some of the following activities.

Skating: Most cities have one or more public outdoor rinks. There is nothing like the experience of skating outside and it's a great way to spend some quality time with your children. If the weather isn't co-operating, most rinks also offer public skating opportunities.

Snow fort/snowball fights: If the snow is the right type and there's enough of it, why not head out to the park or your backyard and introduce your kids to the joys of building (and defending) a snow fort. And if you get too tired, feel free to lie down and make snow angels.

Tobogganing: Whether you prefer the traditional wooden sleds, have invested in one of those high-tech versions, or are willing to throw

caution to the wind with those crazy carpets, all you need to do is head off to the nearest hill and throw yourself down it.

Winter sports: We often think about hockey, but there are many other winter sports you may want to attend as a spectator. From basketball to roller derby, there is usually a game somewhere.

Make a bird feeder: You can buy one at the store or make one out of a pine cone. But however you do it, those hungry birds will appreciate it.

Attend a winter carnival: Most communities have some sort of event during the winter. Get together with neighbours, take the kids, and make an annual event of it.

But no matter what you do, don't forget to spend a few minutes afterwards recapping the event and spending some quality time with your kid or kids bonding over a cup of hot chocolate.



Tobogganing can be a fun family bonding experience during the holidays. CATHERINE YEULET/ISTOCK/THINKSTOCK



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SNOWMOBILING

Thursday, December 12, 2013

Happy trails

Get on your sled and ride. There is nothing quite like the feeling of riding on fresh powder

**SHELDON
BIRNIE**
For Metro

With winter setting in for the long haul, many find themselves cursing the daily weather reports. But for some hardy people, the prospect of cold temperatures and a nice dump of fresh powder just gets the blood racing.

These resilient people are snowmobilers and they are a diehard breed of outdoor enthusiasts whose numbers are legion, and growing with every winter that passes. Whether grooming the trails for other riders, accessing hidden hunting or ice fishing

spots, or purely for the thrill of it, snowmobilers are making tracks as soon as conditions permit.

"Everybody has their own reasons, but the trails are nice to ride," said Jay Ruchotzky, vice-president of the Ashern Snowmobile Club north of Winnipeg, who has been snowmobiling since he was a child. "My dad took me out when I was little. I had my own sled by the time I was 14 or 16."

As an active member, Ruchotzky maintains trails for the members of his club, as well as those who use the trails on a drop-in basis. His love of snowmobiling is readily apparent when asked

about what keeps him coming back, year after year.

"It's a feeling of freedom," he said. "You can't really beat riding a smooth trail through the bush, with the snow coming down."

"I've always loved winter," said Chris Brewer, president of the Saskatchewan Snowmobile Association, who maintain more than 10,000

kilometres of trail throughout the province. Brewer and his wife make active use of the trail system and the backcountry as soon as there is enough snow.

Josh Kovnats is another self-described "diehard sled-neck" from a family of dedicated snowmobilers whose passion for sledding can't be contained.

"I go every opportunity I can," said Kovnats, whose family has a longtime membership with the Interlake Snow Trackers. "It's a different experience every time. I like to play in large amounts of fresh powder and go fast, and I love the ability to explore this land fully."

Brock Gibson is another lifelong snowmobiler, who

grew up snowmobiling in western Manitoba.

"It's a good excuse to get bundled up, go outside and get some fresh air," said Gibson, who still enjoys a recreational ride every now and again, though he mostly uses snowmobiles for ice fishing or hunting. "They're great for getting out to hard to reach places once the ice freezes."



Whether grooming trails for other riders, or purely for the thrill of it, snowmobilers are making tracks as soon as conditions permit. BIKERIDERLONDON/SHUTTERSTOCK

Watch for hazards on the trail.








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**SHELDON
BIRNIE**
For Metro

The snowmobile has come a long way since it first revolutionized the way people move around in the depths of winter almost 100 years ago. Far from being simply a utilitarian tool, the snowmobile today is a recreational all-terrain vehicle that can be enjoyed by riders of all levels.

From afternoon trail riding to backcountry touring, from flat-out high-speed racing to hairpin carving through trees or deep powder, manufacturers have developed factory models for just about any type of riding you can encounter in the winter months. With thousands of customization options available, which allow the rider to get exactly what they are looking for out of their machine, the sky is really the limit on what you can do — and spend — on a snowmobile.

"The way snowmobiles have changed lately is crazy," said Derek Little of Yorkton, Sask.



The sky is really the limit on what you can do — and spend — on a snowmobile. VOLODYMYR BURDIK/SHUTTERSTOCK

Little said that where once flat-out speed — lake racing, for example, which still re-

mains a sledding staple — was often a primary concern for manufacturers, today as

much attention is being paid to other aspects to provide more options for the high-

octane thrill-seeker.

"Old sleds were speed driven," he said. "And new sleds

are really technical. They're great for riding in and out of trees."

With steady advances in technical performance, one major change in snowmobile technology in recent years is the availability of four-stroke engines as a more common option, as well as dramatically increased fuel efficiency.

"It's incredible," said Chris Brewer, president of the Saskatchewan Snowmobile Association, who enjoys trail riding and weeklong snowmobile tours with his wife throughout the winter. "One thing we're really seeing come forward is fuel economy. Now you can go for a ride all day — you're not looking for gas."

Beyond the technical advances, an eye for personal comfort has also developed among snowmobile manufacturers.

"Comfort of a snowmobile has changed dramatically in the last 10 years," said Brewer, who has been snowmobiling for 45 years. "It isn't so hard on your back, your knees, legs."

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Snowmobiling is an activity that keeps parents and kids together creating experiences that will be cherished for a lifetime. AARON TWA/SHUTTERSTOCK

Invention. It's Canadian, eh

Great memories

"Snowmobiling is a great family lifestyle. It is an activity that keeps parents and kids together. Historically, individuals who snowmobile at a young age continue to snowmobile with their parents throughout their lives, sharing great experiences as a family. In many winter regions, snowmobiling is simply the main form of winter outdoor recreation, and in some cases the main method of transportation available."

Snowmobiling has been both a way of life and a winter sport for many Canadians since Joseph-Armand Bombardier invented the first "snow machine."

In 1922, when he was only 15, his father gave him an old Model "T" Ford. Bombardier removed the motor and attached it to the framework of a typical four-passenger sleigh — the usual mode of transportation for French-Canadian families during Quebec's severe winters.

He installed a huge wooden airplane propeller on the drive shaft behind the transmission. Then, using four sleigh runners to glide across the snow, he drove this "strange mechanical animal" through the main street of his hometown village.

By 1935, Joseph-Armand Bombardier had designed and built a rubber-cushioned, sprocket wheel-track system that made possible full-scale production of multi-passenger snow vehicles. By 1937, he had introduced his principle of steering by skis in front of a tracked drive.

On June 29, 1937, he was

granted his first patent. He quickly put up a sign on his garage — "L'Auto-Neige Bombardier" — and went into business. Success was inevitable and immediate. We all know where this Canadian invention has gone since — basically everywhere that snow exists worldwide with almost three million snowmobiles registered worldwide.

Here are some interesting snowmobile facts and figures courtesy of the International Snowmobile Manufacturers Association:

1 There are four major manufacturers that build

snowmobiles: Arctic Cat, headquartered in Plymouth, Minn.; BRP, headquartered in Valcourt, Que.; Polaris Industries, headquartered in Medina, Minn.; and Yamaha Motor Corporation, headquartered in Cypress, Calif.

2 In 2012, there were 129,087 snowmobiles sold worldwide, including 40,165 in Canada.

3 There are 593,248 registered snowmobiles in Canada.

4 More than 100,000 full-time jobs are generated by the snowmobile industry in North America. Those jobs are involved in manufactur-

ing, dealerships and tourism related businesses.

5 The economic impact of snowmobiling in Canada is \$7 billion annually, \$23 billion annually in the U.S., and \$4 billion annually in Europe and Russia.

6 The average age of a snowmobiler is 41 years old.

7 The average annual household income for snowmobilers is \$68,000.

8 The average snowmobiler rides their snowmobile 1,481 kilometres per year in North America.

9 Approximately 75 per cent of all active snowmobilers are male; 25 per cent are female.

10 Approximately 80 per cent of snowmobilers use their snowmobile for trail riding and touring on marked and groomed trails. About 20 per cent of snowmobilers use their snowmobile for work, ice fishing and transportation.

11 Snowmobiling is great exercise that brings people outdoors to interact with nature and each other.

METRO NEWS SERVICES

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Longer snowmobiles make it easy and comfortable for two people to ride, which makes it easier for families to enjoy this winter activity. IOPOTO/SHUTTERSTOCK

That family that sleds together ...

Thanks to snowmobiling, winter has become a season to enjoy. Ask any of the three million people who take pleasure every year in the beauty of winter on the more than 362,102 kilometres (225,000 miles) of groomed and marked snowmobile trails throughout North America.

Snowmobiling is one of the easiest motorized recreational lifestyle activities to learn, making it suitable for individuals of all ages to enjoy an active outdoor lifestyle in the winter, develop new friendships and extend old ones. Today's snowmobiles are designed with a variety of comfort and convenience features that make it enjoyable to ride for hours.

In North America, there are nearly 3,000 snowmobile clubs. Virtually all are involved in trail maintenance, charity fundraising and family activities. For example, during the 2012-13 season snowmobilers raised more

than \$3 million for charities. In addition to these individual clubs, there are 13 provincial and territorial organizations in Canada, and 25 state associations in the U.S.

It's important to note that snowmobilers work together to plan, build and maintain their trails. That work is done through area clubs, councils and associations.

The continuing evolution and design of the snowmobile is a major factor in the lifestyle activity's growth.

In addition, the continued popularity of longer snowmobiles that make it easy and comfortable for two people to ride shows the impact of the family on the lifestyle activity.

With programs such as International Snowmobile Manufacturers Association's (ISMA) "Safe Riders — You Make Snowmobiling Safe" safety awareness program, continued emphasis is being placed on making the riding experience a safe enjoyable one. METRO NEWS SERVICES



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**DESIGN
CENTRE**
Karl Lohnes
home@metronews.ca



Create wintery-wild drinks with this Polar Bear Cocktail Shaker, \$92, potterybarn.com.

From the designer's debut collection of animal curiosities, Kate Spade New York's Woodland Park Cat/Dog Salt & Pepper Set, \$30, thebay.com.



Ommm... with the right pose and a trendy gold finish, I get a good vibe from this guy. Yoga Frog, \$40, pier1.com.



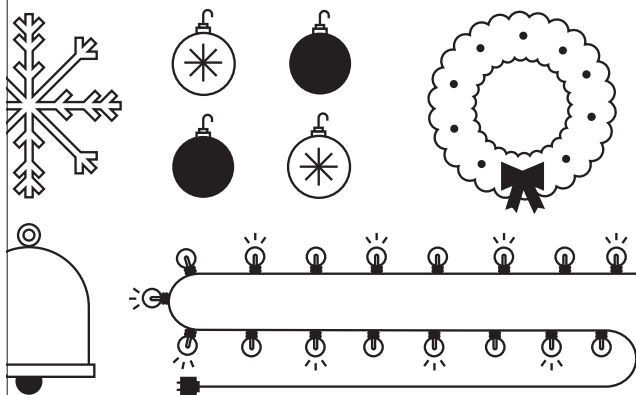
Adorable and shiny, this bear keeps your coins safe. Sleeping Bear Bank, \$18 US, urbanoutfitters.com.



Who wants light? Owl Glow Lamp, \$39, urbanbarn.com.



Add some fine swine style to your bookcases. Gold Pig Bookends, \$35, cb2.com.



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Baseball

Hall of Famer Jenkins to take part in Winnipeg's all-star festivities

Hall of Fame Canadian pitcher Ferguson Jenkins will throw out the first pitch when Winnipeg plays host to the 2014 American Association All-Star Game next summer.

The Winnipeg Gold-eyes announced Wednesday the Cy Young Award winner and three-time National League All-Star will also be the guest speaker for an all-star luncheon held before the big game on July 29.

"It's an honour for the Goldeyes organization and the American Association to be able to host Fergie Jenkins during our all-star celebrations," Goldeyes GM Andrew Collier said in the release. "He is one of the great ambassadors of the game of baseball in Canada. I am sure our fans and supporters will be excited to hear him speak at the all-star luncheon."

A native of Chatham, Ont., Jenkins played 19 years in the major leagues, and is the first Canadian ever inducted into Cooperstown. **METRO**



Hall of Fame pitcher Ferguson Jenkins. CONTRIBUTED

Jets' cap space best suited for Steen



THE HOCKEY NEWS
Matt Larkin
winipeg@metronews.ca

We crotchety media types love to complain about albatross contracts and the Winnipeg Jets haven't escaped our cross-hairs this season.

We point out that Blake Wheeler, Evander Kane, Bryan Little, Andrew Ladd, Tobias Enstrom, Dustin Byfuglien and Zach Bogosian are all under contract through at least 2015-16 with cap hits of \$4.4 million or higher. We lament that the Jets are handsomely paying a core that hasn't taken them to the playoffs since it was assembled. And we worry there's nothing GM Kevin Cheveldayoff can do to fix things when the Jets have \$1,510,680 in salary-cap space.

But suddenly, there's reason for optimism. At the NHL's board of governors meeting this week, commissioner Gary Bettman said the 2014-15 cap projects to rise from \$64.3 million to roughly \$71 million.

For the smaller-market teams, big whoop. If they can't afford to spend to \$64.3 million anyway, the extra breathing room hurts them more than it helps. But just because the Jets play in the obscurity of Manitoba before 15,004 fans a night doesn't mean they're one of the little guys. Team chairman Mark Chipman told media on Tuesday he expects his team's revenues to continue growing and that Winnipeg will indeed be in position to spend upward to the new cap.



Alexander Steen, scheduled to become an unrestricted free agent at season's end, might listen should Jets general manager Kevin Cheveldayoff come calling. GETTY IMAGES FILE

That means, theoretically, the Jets will have an additional \$8 million to play with this July. With 15 current roster players signed for 2014-15 for about \$49 million, the Jets would have almost \$24 million in cap space. Having the money doesn't mean you have to spend it, but let's ponder potential targets.

Thomas Vanek, on the fast track to being a former Islander, is the projected belle of the free agent ball, but could cost \$7 million and the Jets are strong enough on the

wings. What they need most of all is a true No. 1 centre. It's unlikely they can get one in free agency, though there is one out there at the moment: Joe Thornton. While Jumbo Joe, even at his advanced age, could transform the Jets offence and woeful power play, he's: a) likely not worth paying \$6 million or more on the downside of his career; and, b) not likely to leave San Jose.

If I'm Winnipeg, my target is Alexander Steen. He has childhood ties to the city as son of Thomas Steen, the old

Jets (now Coyotes) franchise's No. 3 all-time scorer, and thus might listen if Cheveldayoff came calling. While he won't maintain his current torrid pace with the Blues, he's one of the game's best two-way guys and can play any forward position. He's a "left-winger" who has taken almost 200 faceoffs already this season. Of course, in the salary-cap era, a top unrestricted free agent like Steen almost never makes it to July, as his existing team snaps him up, but it's fun to speculate.

Dumba hopes 3rd time's a charm for WJC



Mathew Dumba, seen here in an exhibition game last August, narrowly missed a spot on the last two Canadian world junior squads. BRUCE BENNETT/GETTY IMAGES

Mathew Dumba was cleared to join Canada's world junior championship team in Toronto on Wednesday, and the squad is optimistic that star forward Jonathan Drouin will recover from a concussion in time to play in the tournament.

The 25 invited players are to arrive on Thursday for a three-day camp before heading to Sweden for final preparations. The championship begins Dec. 26 in Malmo, Sweden.

Dumba, who was among

the final cuts the last two years, is expected to play a big role on defence for a Canadian team looking to end a four-year gold-medal drought.

The Minnesota Wild, who kept the six-foot, 183-pound Dumba out of training camp but used him in only 13 games, finally opted to assign him to the Canadian junior team.

"It's been tough on me the last two times," Dumba told the NHL club's website. "Being the last cut last year, it hurt."

"It sucked not being able

to represent my country last year, so I'm looking forward to the opportunity that they're giving me this year. It's going to be a good experience for me to play at my age group."

It remains to be seen if the Wild will take him back after the tournament or send him back to junior. On Tuesday, the Red Deer Rebels of the Western Hockey League traded his junior rights to the powerhouse Portland Winterhawks for forward Presten Kopeck and three draft picks.

THE CANADIAN PRESS

NHL moves back to survival of richest

Salary cap. New TV rights deal widens class gulf between big- and small-market teams

The implementation of the salary cap in the NHL was supposed to help what's commonly referred to as competitive balance.

In other words, allowing the small-market teams to swim in the same pool with the big-money ones. Rein in spending with the hope that parity keeps things interesting.

But what happens when the cap rises so quickly that the Florida Panthers and Nashville Predators of the league can't keep up? The projected upper limit of \$71 million US — and the floor between \$52 and \$53 million — for next season isn't crazy, but the lucrative Canadian-rights TV deal could lead to sharp increases in the coming years.

NHL

Knee injury forces Howard out

Detroit Red Wings goalie Jimmy Howard suffered a knee injury in practice on Wednesday.

That led to the Red Wings recalling Petr Mrazek from the AHL's Grand Rapids Griffins and putting forward Henrik Zetterberg on long-term injured reserve. The Red Wings have ruled Howard out for Thursday night's game at Tampa Bay.

THE ASSOCIATED PRESS

Dollars and sense

"I don't think anyone is against paying for success but you have to be able to afford it first."

New Jersey Devils GM Lou Lamoriello, reacting to the NHL's rising salary cap

The NHL's past two work stoppages tried to level that out, but for the foreseeable future it's up to the small-market teams to take on the challenge as the cap could surge well past \$80 million.

"We've got to move with everybody else," Predators general manager David Poile said. "There's a lot of components in the way this whole thing's been put together. There's revenue sharing for teams like ourselves that it always works out."

Revenue sharing is expected to help, along with a new way to calculate the cap and floor: determine the midpoint and go 15 per cent up and 15 per cent

down. In theory, that should keep the disparity from getting out of control.

But if the \$5.2-billion, 12-year agreement with Rogers inflates revenues as much as it should and business continues to boom, the floor will soon be higher than the cap at its highest under the last collective bargaining agreement. That's a difficult spot for teams with fixed budgets.

Poile was right to point to revenue sharing as a way to assist teams that don't make money hand over glove like the Toronto Maple Leafs and Montreal Canadiens, but Dallas Stars GM Jim Nill still has questions.

"Every business, every team has to sit back and look at their business model now and see where it fits in, where does the revenue sharing fit in? How does that come into the model? That's a new entity too now," Nill said. "That changed in the new CBA. We'll all sit back and analyze it and go from there."

THE CANADIAN PRESS

NHL. Kings win fifth straight at Leafs' expense

Jeff Carter scored midway through the third period as the Los Angeles Kings beat the Toronto Maple Leafs 3-1 for their fifth straight win Wednesday.

Drew Doughty and Kyle Clifford, with an insurance goal with 1:59 remaining, also scored for Los Angeles (21-7-4) before 19,375 at the Air Canada Centre.

Cody Franson scored for Toronto (16-13-3).

THE CANADIAN PRESS



The Leafs' Mason Raymond, right, battles the Kings' Slava Voynov on Wednesday. THE CANADIAN PRESS

NFL

RG3 rides the pine in Washington

Washington coach Mike Shanahan announced Wednesday he is benching star quarterback Robert Griffin III for the rest of the season.

The Redskins (3-10) say they made the move in an effort to keep RG3 healthy for the off-season.

THE ASSOCIATED PRESS

NFL

Injury sidelines Vikings' Peterson

Minnesota Vikings running back Adrian Peterson has shed the walking boot on his sprained right foot, but he wasn't ready for practice Wednesday.

Peterson is uncertain for the Viking's game against Philadelphia on Sunday. THE ASSOCIATED PRESS

MLB

Rajai Davis moves on to Motown

Outfielder Rajai Davis and the Detroit Tigers have agreed to terms on a two-year contract worth \$9-10 million US.

Davis spent the last three seasons with Toronto and hit .260 this year with six homers.

THE ASSOCIATED PRESS

NHL

EASTERN CONFERENCE

ATLANTIC DIVISION

	GP	W	L	OT	GF	GA	Pt
Boston	31	21	8	2	86	62	44
Montreal	32	19	10	3	85	71	41
Detroit	32	15	9	8	87	85	38
Tampa Bay	30	17	10	3	85	76	37
Toronto	32	16	13	3	87	90	35
Ottawa	32	12	14	6	92	105	30
Florida	32	10	17	5	73	106	25
Buffalo	31	7	22	2	53	92	16

METROPOLITAN DIVISION

	GP	W	L	OT	GF	GA	Pt
Pittsburgh	32	21	10	1	98	71	43
Washington	31	17	12	2	98	90	36
Carolina	32	13	13	6	75	91	32
NY Rangers	32	15	16	1	70	84	31
New Jersey	32	12	14	6	73	82	30
Columbus	31	13	15	3	78	86	29
Philadelphia	31	13	15	3	70	85	29
NY Islanders	32	9	18	5	80	111	23

WEDNESDAY'S RESULTS

Los Angeles 3 Toronto 1
Chicago 7 Philadelphia 2
Minnesota at Anaheim

TUESDAY'S RESULTS

Los Angeles 6 Montreal 0
Washington 6 Tampa Bay 5 (SO)
Buffalo 2 Ottawa 1 (SO)
Columbus 5 New Jersey 4
Nashville 4 NY Rangers 1
Florida 3 Detroit 2 (SO)
St. Louis 2 Winnipeg 1
Chicago 6 Dallas 2
Phoenix 3 Colorado 1
Boston 2 Calgary 1
Edmonton 5 Carolina 4 (OT)
NY Islanders 3 San Jose 2 (SO)

SCORING LEADERS

	G	A	Pts
Crosby, Pgh	16	27	43
Kane, Chi	17	23	40
Malkin, Pgh	8	30	38
Getzlaf, Ana	16	21	37
Tavares, NYI	12	24	36
Ovechkin, Wash	26	9	35
Perry, Ana	20	15	35
Steen, STL	21	12	33
Backstrom, Wash	7	25	32

WESTERN CONFERENCE

CENTRAL DIVISION

	GP	W	L	OT	GF	GA	Pt
Chicago	34	23	6	5	129	93	51
St. Louis	29	20	6	3	100	67	43
Minnesota	32	18	9	5	77	75	41
Colorado	29	20	9	0	83	68	40
Dallas	29	14	10	5	83	86	33
Winnipeg	32	14	14	4	83	90	32
Nashville	31	14	14	3	71	89	31

PACIFIC DIVISION

	GP	W	L	OT	GF	GA	Pt
Anaheim	33	21	7	5	106	86	47
Los Angeles	32	21	7	4	88	63	46
San Jose	31	19	6	6	103	78	44
Vancouver	33	18	10	5	88	81	41
Phoenix	30	17	8	5	97	94	39
Calgary	30	11	15	4	79	100	26
Edmonton	32	11	18	3	89	109	25

Note: Two points for a win, one point for overtime loss.

Thursday's games — All Times Eastern

Montreal at Philadelphia, 7 p.m.
Columbus at NY Rangers, 7 p.m.
Buffalo at Ottawa, 7:30 p.m.
Detroit at Tampa Bay, 7:30 p.m.
Toronto at St. Louis, 8 p.m.
Dallas at Nashville, 8 p.m.
Colorado at Winnipeg, 8 p.m.
Carolina at Calgary, 9 p.m.

NY Islanders at Phoenix, 9 p.m.

Boston at Edmonton, 9:30 p.m.
Minnesota at San Jose, 10:30 p.m.

Friday's games

New Jersey at Pittsburgh, 7 p.m.
Washington at Florida, 7:30 p.m.
Edmonton at Vancouver, 9 p.m.

Thornton, SJ	5	27	32
Kunitz, Pgh	17	14	31
Marleau, SJ	14	16	30
St. Louis, TBL	13	17	30
Zetterberg, Det	11	19	30
Couture, SJ	10	20	30
Kessel, Tor	16	13	29
Sharp, Chi	14	15	29
Karlsson, Ott	8	21	29
H. Sedin, Vcr	8	21	29

Not including last night's games

NBA

EASTERN CONFERENCE

	W	L	Pct	GB
d-Indiana	19	3	.864	—
d-Miami	16	6	.727	3
Atlanta	11	11	.500	8
d-Boston	10	14	.417	10
Charlotte	10	12	.455	9
Washington	9	11	.450	9
Detroit	10	13	.435	9 ^{1/2}
Chicago	8	12	.400	10
Cleveland	8	13	.381	10 ^{1/2}
Toronto	7	13	.350	11
Brooklyn	7	14	.333	11 ^{1/2}
Orlando	7	15	.318	12
Philadelphia	7	16	.304	12 ^{1/2}
New York	6	15	.286	12 ^{1/2}
Milwaukee	5	17	.227	14

WESTERN CONFERENCE

	W	L	Pct	GB
d-Portland	18	4	.818	—
Oklahoma City	17	4	.810	1 ^{1/2}
d-San Antonio	17	4	.810	1 ^{1/2}
d-L.A. Clippers	15	8	.652	3 ^{1/2}
Houston	15	7	.682	3
Denver	13	8	.619	4 ^{1/2}
Dallas	13	9	.591	5
Phoenix	12	9	.571	5 ^{1/2}
Golden State	12	10	.545	6
Minnesota	11	11	.500	7
New Orleans	10	10	.500	7
Memphis	10	11	.476	7 ^{1/2}
L.A. Lakers	10	11	.476	7 ^{1/2}
Sacramento	6	13	.316	10 ^{1/2}
Utah	4	19	.174	14 ^{1/2}

x - clinched playoff berth; y - division; z - conference.

Wednesday's results

Orlando 92 Charlotte 83
L.A. Clippers 96 Boston 88
San Antonio 109 Milwaukee 77
New Orleans 111 Detroit 106 OT
Minnesota 106 Philadelphia 99
New York 83 Chicago 78
Oklahoma City 116 Memphis 100
Utah at Sacramento
Dallas at Golden State
Tuesday's results
San Antonio 116 Toronto 103
Cleveland 109 New York 94
Indiana 90 Miami 84
Minnesota 121 Detroit 94
Oklahoma City 101 Atlanta 92
Brooklyn 104 Boston 96
Milwaukee 78 Chicago 74
Phoenix 114 L.A. Lakers 108
Thursday's games
L.A. Clippers at Brooklyn, 8 p.m.
Houston at Portland, 10:30 p.m.

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Horoscopes

♈ Aries

March 21 - April 20

You may think you have to tear everything down and start from scratch but it's not necessary. There is precious little wrong with your life and a few minor changes here and there is all that is required.

♉ Taurus

April 21 - May 21

It may at times seem as if you are not making much progress but in a matter of days there will be clear signs that you are on the verge of a major breakthrough.

♊ Gemini

May 22 - June 21

Your thoughts seem to be a bit heavy and there are certainly one or two areas where you need to get serious. But don't get so serious that all the fun goes out of your life.

♋ Cancer

June 22 - July 23

It may be true that someone is saying awkward things about you but there is no reason to get paranoid and start thinking everyone is against you. Whatever you've done, you are still most people's number one.

♌ Leo

July 24 - Aug. 23

It may be hard for you to understand why certain people act in certain ways but there is no point getting worked up about it because you won't change the way they are. Try acting as if you don't care what they do.

♍ Virgo

Aug. 24 - Sept. 23

If you have started on a scheme then you must see it through to the end. Having invested so much time and energy, you cannot give up on it now. Besides, it could work out.

♎ Libra

Sept. 24 - Oct. 23

At some stage today you will realize that you are not going to get far with a joint project, thanks to people dragging their feet. You will, though, make progress in areas where you can work on your own.

♏ Scorpio

Oct. 24 - Nov. 22

When you get annoyed, you go to extremes and an unfortunate person is going to be in your bad books today. Yes, maybe you will be too hard on them, but it will be a long time before they dare to upset you.

♐ Sagittarius

Nov. 23 - Dec. 21

Don't take anything too seriously today because if you do, you may get depressed and start wondering why you bother to make an effort. Snap out of it by focusing on things that make you smile.

♑ Capricorn

Dec. 22 - Jan. 20

You want to help someone who is struggling but you know if you do they will struggle more in the future. They need to learn from their mistakes, painful though that may be.

♒ Aquarius

Jan. 21 - Feb. 19

You will have to work twice as hard to catch up on things you should have done yesterday. If you apply yourself, you may get ahead — and get a reward for your efforts tomorrow.

♓ Pisces

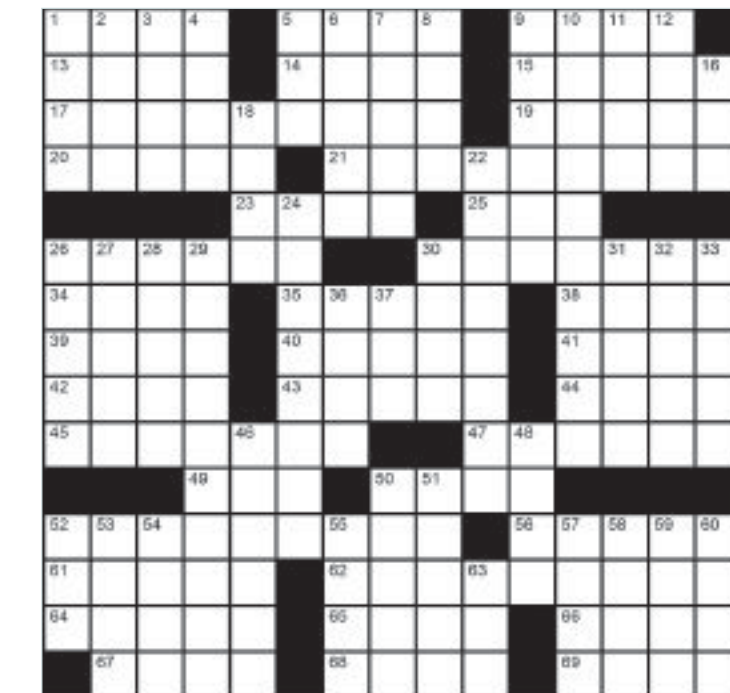
Feb. 20 - March 20

Are you making the most of your time? Chances are you have allowed hours, days, even weeks to slip by without doing anything special. That must now change. **SALLY BROMPTON**

Crossword: Canada Across and Down

Across

- Prima donna
- Cloak: Spanish
- 2s
- Plow pullers
- Caesar's 955
- Steal a stash, again
- Nickname of Manitoba's capital city
- SNL alum Cheri
- Rock bottom
- The Band concert film directed by Martin Scorsese, "The _____" (1978)
- UK awards since 1917
- "For _____ a jolly good..."
- Daniel Defoe's 1719 book, Robinson _____
- More like cow juice
- From-clothes fluff
- Sitar songs
- Family suffix in zoology
- Hodgepodge
- Get a glass of water to get cold really fast: 2 wds.
- Telegram
- Hireling
- "_____ go on?"
- Like some airports [abbr.]
- Working together well
- Tropical fruits
- Montreal's 'me'



- Shoe part
- 1880 Dostoevsky novel, The Brothers _____
- Hireling
- Overbearing
- "_____ Teenage Werewolf" (1957)
- Jets competition, when in Colorado
- Type of mil. mission

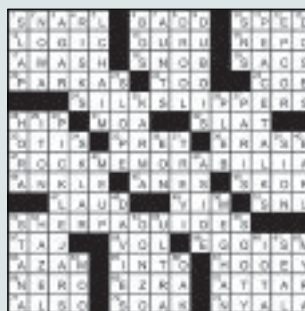
- Surrealist painter, _____ Magritte (b.1898 - d.1967)
- Helix
- _____ stretch of the imagination
- Too
- And others [abbr.]: 2 wds.
- Down**
- This clue: #1- _____

- Corn lily
- Peddle
- _____ gravity
- "Green River" gr.
- Plentiful
- Impassionate requests
- Norms, for short
- Plaster-spreading tool
- Alberta city south

- of Edmonton
- Great pitcher Mr. Hershisier
- Separate, as laundry
- Commerce, curtly
- Fun suffix to 'Switch'
- 1983 Bryan Adams single: 2 wds.
- Prehistoric land of

- The Arctic
- Horse-on-cobblestone sounds
- Amber _____, "Dancing with the Stars" reigning champion
- Employees organization
- Profession of 2nd Prime Minister Alexander Mackenzie
- _____ of-honour
- Picking from a police lineup
- Keep one's _____ the ground
- Movie studio stocks
- _____Deucey (Backgammon variant)
- "Golly!"
- Comedian/actor Ray
- Duchess of _____ (Subject of Spanish painter Goya)
- Shack
- Singer, Faith _____
- Wine aperitif
- Caught in _____ of lies
- Daring
- _____ Phillips (Queen Elizabeth's granddaughter who is an Olympic equestrian)
- _____ and for all
- William Wallace, for example
- Mr. LaBeouf
- Scream
- Sean Penn's director father

Yesterday's Crossword



Sudoku

How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved.

Yesterday's Sudoku



Weather

TODAY



MAX: -21°
MIN: -26°

FRIDAY



MAX: -24°
MIN: -26°

SATURDAY



MAX: -24°
MIN: -27°

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